

# City of Long Beach Department of Parks, Recreation and Marine

**Stearns Champions Park**  
**4520 East 23rd Street,**  
**Long Beach, CA 90815**  
**(562) 570-1685**

## **Adaptive Recreation In a Special Environment (A.R.I.S.E)** **Middle School Sports and**



# October 2019



Our A.R.I.S.E. "Middle School Sports and Cultural Arts Challenge Class," is committed to providing a positive and productive recreational experience where youth can enjoy games, sports, arts and crafts, special events, field trips in a safe and supervised environment. This class is designed to develop social skills, and/or increase skills in various sports and cultural arts activities in an adaptive environment.

In addition, the Adaptive A.R.I.S.E. Recreation Program provides information and referral services.

### **Class Schedule**

**Saturday, October 5, 12, 19, 26**

**9:30 - 10:15 AM:** Indoor Activities



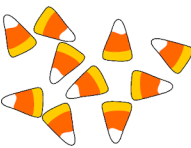

**10:15 - 11:00 AM:** Fitness and Outdoor Recreation

**11:00 - 11:30 AM:** Socialization Snack Break

**11:30 AM - 12:00 PM:** Playground time/ Free play

**12:00 PM - 1:00 PM:** Craft/Indoor Recreational Activities

**\* Schedule Subject to Change**

| Theme   | Saturday  |
|---|---|
|  <b>Space Jam</b>            | <div>5</div> <p>Uno<br/>Basketball<br/>Paint the Pumpkin</p>  |
| <p><b>MLB<br/>Post Season</b></p>   | <div>12</div>  <p>Sorry<br/>Baseball<br/>Baseball Glove Art</p> |
| <p><b>Candyland</b></p>  | <div>19</div> <p>Candyland<br/>Kickball<br/>Candy Corn Art</p>  |
|  <p><b>Halloween</b></p>   | <div>26</div> <p>Halloween Party<br/>Costume Contest<br/>Face Painting</p>  |